

Consumer tendency – May 2026

20.05.2026

-11.3

Current consumer confidence indicator (a month ago -14,1)

In May 2026, consumer sentiment moods improved, both regarding the current and future situation (compared to the previous month). The current consumer confidence indicator, synthetically describing the current trends in individual consumption, was minus 11.3^a which was by 1.9 lower in relation to last month.

Current consumer confidence indicator in May 2026

Among the components of the indicator, compared to April this year the evaluations of the current economic situation of the country and future financial situation of the household improved the most (increases by 4.9 and 4.7, respectively). A higher values were also recorded for the evaluations of the future economic situation of the country and current financial situation of the household (increases by 2.9 and 1.5, respectively). Lower value than a month before was recorded only for the evaluation of the current possibility of making important purchases (decrease by 0.4).

Referring to May 2025, the value of current consumer confidence indicator has improved in May 2026 by 3.2.

Leading consumer confidence indicator in May 2026

The leading consumer confidence indicator, synthetically describing trends in individual consumption that are expected in the coming months, improved by 2.7 in relation to the previous month, and was at the level of minus 8.5^a.

The increase of the value of the indicator was affected by all of its components. The largest increase by 4.7 was recorded in the evaluation of the future financial situation of a household. For the other components of the indicator, the increases were as follows: by 2.9 in the evaluation of the future economic situation of the country, by 1.8 in the evaluation of the future level of unemployment and by 1.6 in the evaluation of the possibility of future money saving.

In May this year leading consumer confidence indicator improved by 0.4 compared to the same month in 2025.

Answers to additional questions in connection with the current situation on the territory of Ukraine are presented in the annex.

Current consumer confidence indicator and most of its components were higher than in the previous month

Leading consumer confidence indicator is higher by 2.7 compared to the previous month

^a Both consumer confidence indicators receive values between -100 and +100. A positive value means dominance of consumers with optimistic attitude over consumers with pessimistic attitude, while negative value means dominance of consumers with pessimistic attitude over consumers with optimistic attitude. In the period of 04-13.05.2026, 1378 interviews were conducted.

Table 1. Current consumer confidence indicator

Survey period		Changes in the household's financial condition:		Changes in general economic situation of the country :		Current major purchases	Current consumer confidence indicator	
		over the last 12 months	over the next 12 months	over the last 12 months	over the next 12 months			
Year	Quarter Month	a	b	c	d	e		
		balance of evaluations						
		Years						
2015		-10.7	-2.8	-21.5	-11.4	-8.2	-10.9	
2016		-3.9	0.9	-11.0	-9.4	-2.5	-5.2	
2017		0.1	2.8	1.8	-1.8	9.2	2.4	
2018		0.6	3.6	8.7	2.8	12.8	5.7	
2019		4.8	6.3	9.7	1.2	16.4	7.7	
2020		-6.5	-8.4	-24.9	-29.1	-13.4	-16.4	
2021		-10.3	-8.2	-38.4	-27.5	-13.3	-19.6	
2022		-26.4	-31.3	-56.2	-50.1	-34.9	-39.8	
2023		-20.9	-13.6	-43.8	-25.5	-27.7	-26.3	
2024		-7.8	-6.3	-25.9	-16.6	-13.4	-14.0	
2025		-7.3	-4.6	-25.5	-18.1	-7.3	-12.5	
		Quarters						
2025	II	-7.9	-5.4	-27.2	-18.7	-8.1	-13.5	
	III	-7.0	-2.7	-24.1	-15.6	-8.1	-11.5	
	IV	-5.9	-3.3	-22.5	-16.1	-3.5	-10.3	
2026	I	-5.1	-3.2	-21.4	-18.2	-3.6	-10.3	
		Months						
2025	04	-9.3	-8.1	-30.8	-24.2	-10.0	-16.5	
	05	-8.9	-6.7	-29.3	-17.2	-10.4	-14.5	
	06	-5.5	-1.2	-21.4	-14.7	-3.9	-9.3	
	07	-8.2	-3.9	-27.6	-19.8	-10.7	-14.0	
	08	-9.5	-2.1	-25.2	-15.5	-8.4	-12.1	
	09	-3.2	-2.3	-19.3	-11.5	-5.3	-8.3	
	10	-5.3	-4.0	-24.2	-16.1	-5.0	-10.9	
	11	-7.3	-1.9	-22.8	-15.2	-2.6	-9.9	
	12	-5.2	-4.0	-20.6	-16.9	-2.9	-9.9	
2026	01	-5.4	-2.8	-22.1	-16.6	-1.0	-9.6	
	02	-5.5	-2.4	-19.6	-13.9	-4.2	-9.1	
	03	-4.4	-4.5	-22.4	-24.1	-5.8	-12.2	
	04	-7.2	-7.7	-28.4	-23.8	-3.2	-14.1	
	05	-5.7	-3.0	-23.5	-20.9	-3.6	-11.3	

Current consumer confidence indicator is the average of evaluations: changes in the household's financial condition, changes in general economic situation of the country and currently made major purchases

Chart 1. Current consumer confidence indicator and its component values by month in 2023–2026

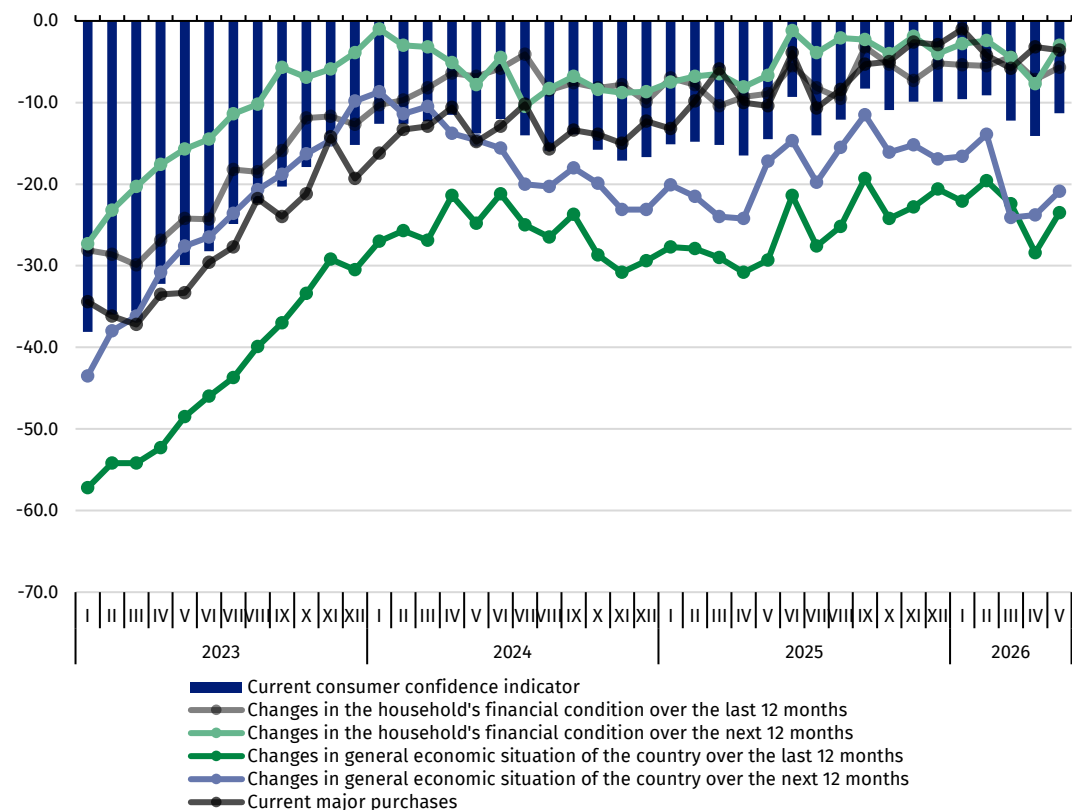


Chart 2. Current consumer confidence indicator and its component values in 2002–2025

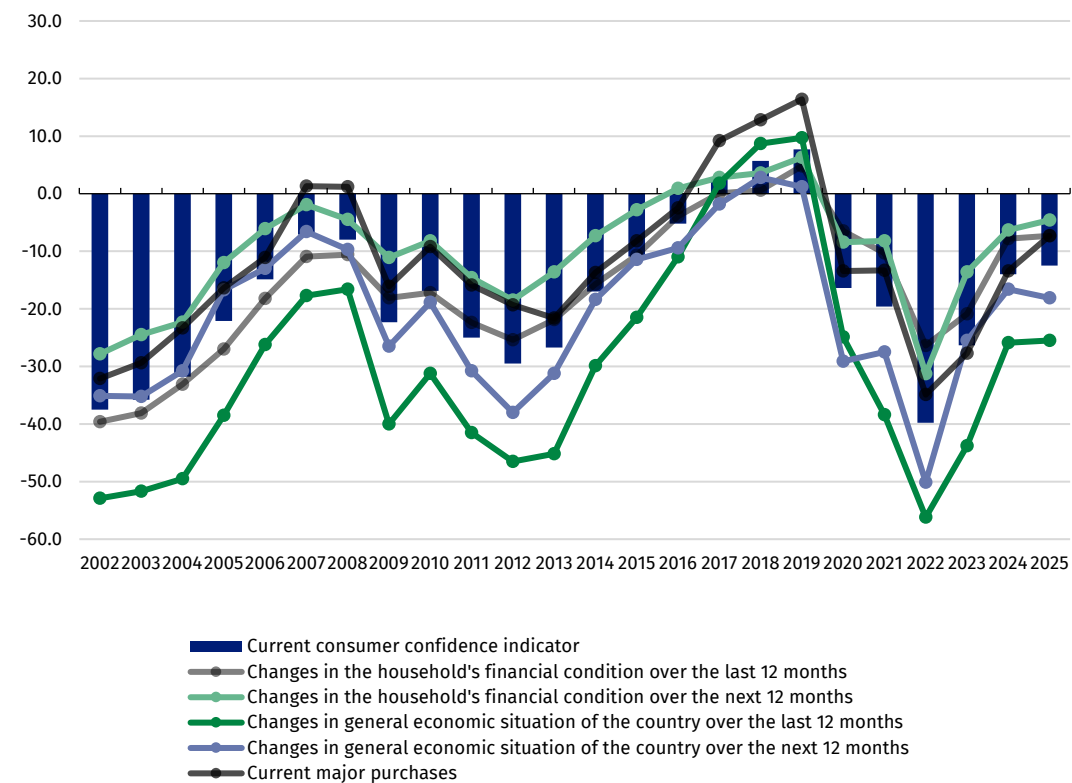


Table 2. Leading consumer confidence indicator

Survey period	Year	Quarter	Month	Changes in the household's financial condition	Changes in general economic situation of the country	Changes in unemployment	Propensity to save (in future)	Leading consumer confidence indicator
				b	d	f	g	
				balance of evaluations				
				Years				
	2015			-2.8	-11.4	-19.7	-26.3	-15.1
	2016			0.9	-9.4	-7.8	-18.0	-8.6
	2017			2.8	-1.8	8.5	-10.6	-0.3
	2018			3.6	2.8	12.6	-7.5	2.9
	2019			6.3	1.2	7.7	0.8	4.0
	2020			-8.4	-29.1	-39.4	-0.9	-19.5
	2021			-8.2	-27.5	-24.6	0.2	-15.0
	2022			-31.3	-50.1	-21.3	-15.4	-29.5
	2023			-13.6	-25.5	-14.1	-6.1	-14.8
	2024			-6.3	-16.6	-16.3	4.5	-8.7
	2025			-4.6	-18.1	-20.3	11.2	-7.9
				Quarters				
	2025	II		-5.4	-18.7	-20.2	10.5	-8.4
		III		-2.7	-15.6	-18.3	12.4	-6.1
		IV		-3.3	-16.1	-21.8	13.1	-7.0
	2026	I		-3.2	-18.2	-23.4	14.0	-7.7
				Months				
	2025	04		-8.1	-24.2	-24.2	9.2	-11.8
		05		-6.7	-17.2	-20.0	8.5	-8.9
		06		-1.2	-14.7	-16.2	13.8	-4.6
		07		-3.9	-19.8	-20.2	13.0	-7.7
		08		-2.1	-15.5	-17.9	10.5	-6.3
		09		-2.3	-11.5	-16.9	13.6	-4.3
		10		-4.0	-16.1	-19.6	13.4	-6.6
		11		-1.9	-15.2	-24.3	11.5	-7.5
		12		-4.0	-16.9	-21.5	14.3	-7.0
	2026	01		-2.8	-16.6	-23.2	16.0	-6.7
		02		-2.4	-13.9	-23.9	12.3	-7.0
		03		-4.5	-24.1	-23.1	13.5	-9.5
		04		-7.7	-23.8	-26.6	13.2	-11.2
		05		-3.0	-20.9	-24.8	14.8	-8.5

Leading consumer confidence indicator is the average of evaluations: changes in the household's financial condition, general economic situation of the country, trends in the level of unemployment and saving money in the next 12 months

Chart 3. Leading consumer confidence indicator and its component values by month in 2023–2026

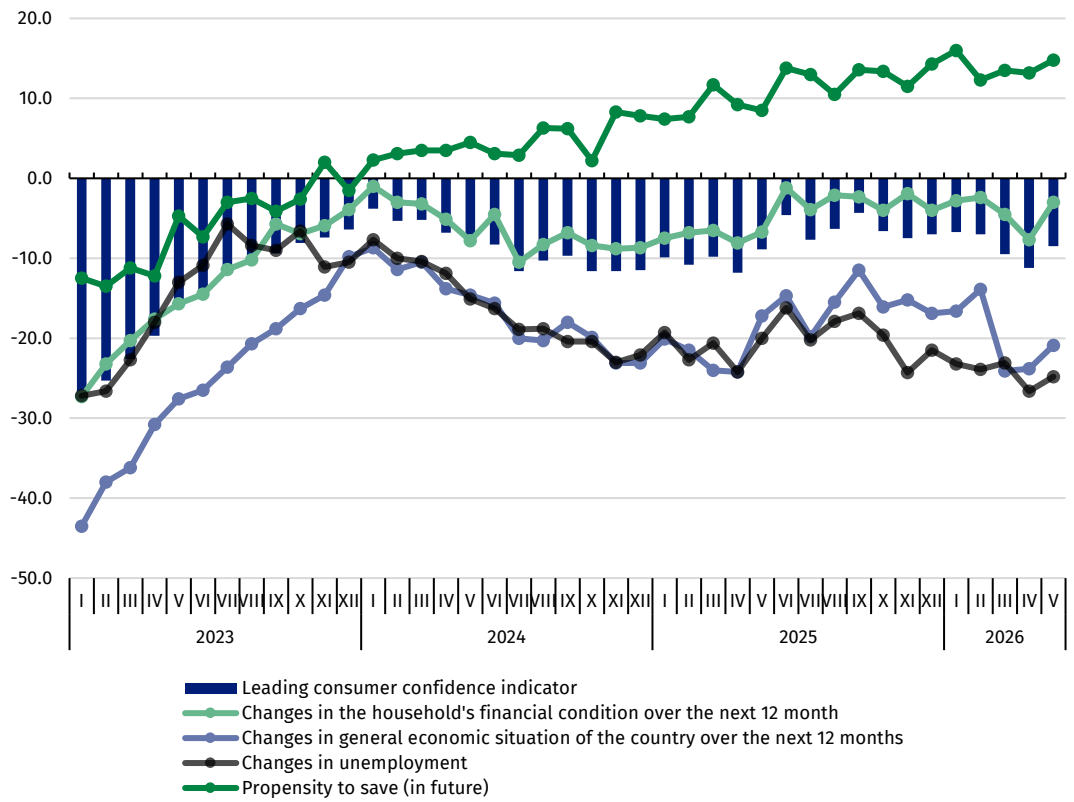
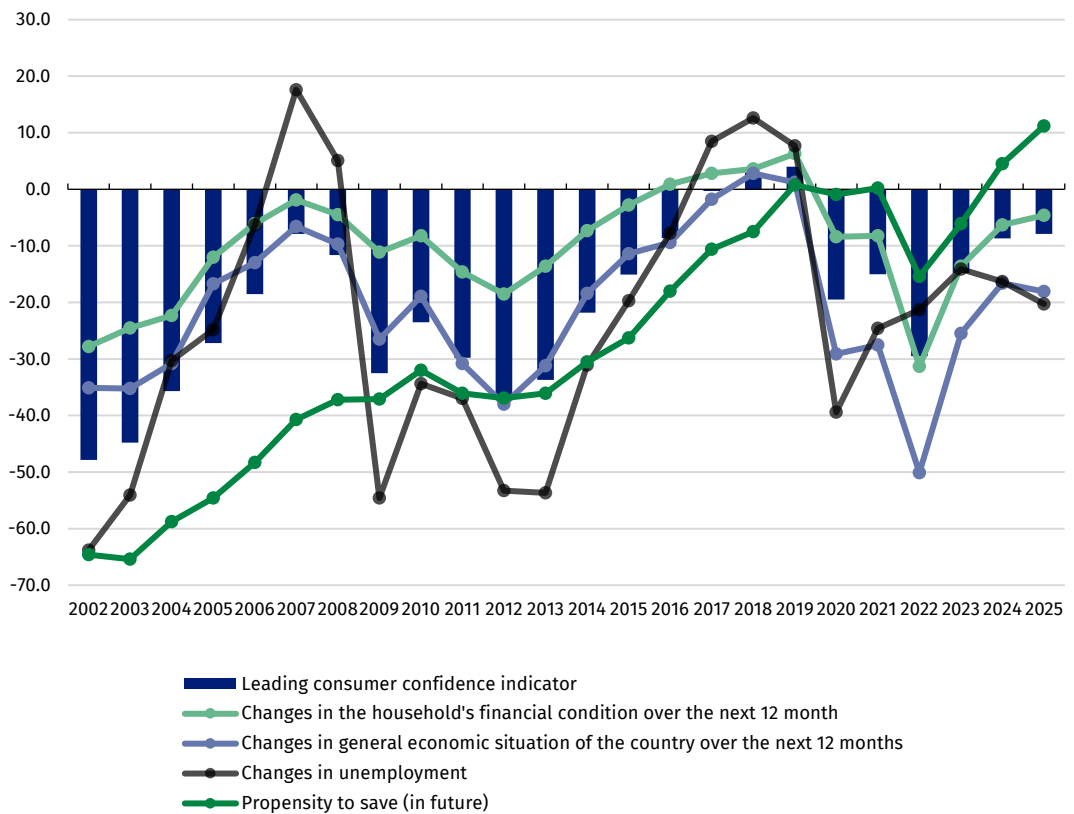


Chart 4. Leading consumer confidence indicator and its component values in 2002-2025



Annex

Additional questions in relation to the current situation on the territory of Ukraine

22.3%

respondents described the current situation on the territory of Ukraine as a threat for the economy in Poland (23.2% in April)

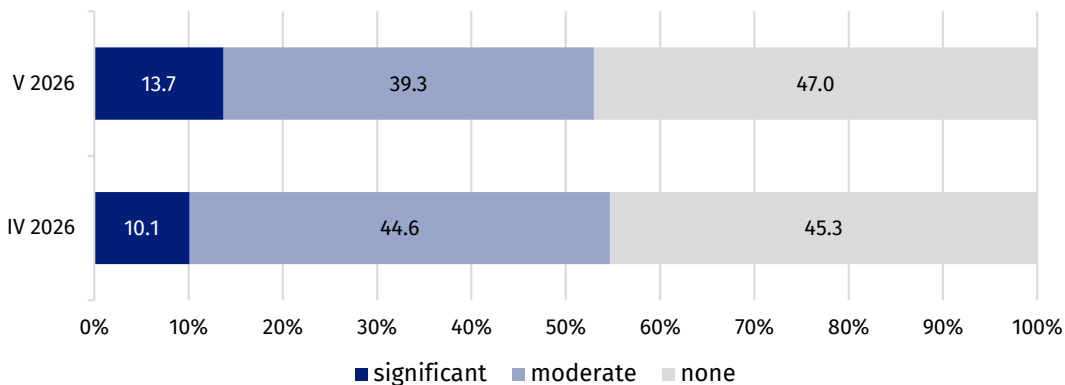
In May 2026, a lower percentage of respondents than a month ago evaluates the current situation on the territory of Ukraine as a big threat for the economy in Poland and for their personal financial situation.

Impact of the current situation on the territory of Ukraine on responses to the consumer tendency

From among respondents declaring the impact of the current situation on the territory of Ukraine on responses regarding the consumer tendency, 39.3% described it as moderate and 13.7% as significant. For 47.0% of respondents, the current situation had no impact on the answers.

53.0% of respondents declared a moderate or significant impact of the current situation on the territory of Ukraine on responses regarding the consumer tendency

Chart 1. Impact of current situation on the territory of Ukraine on responses - response structure (%)



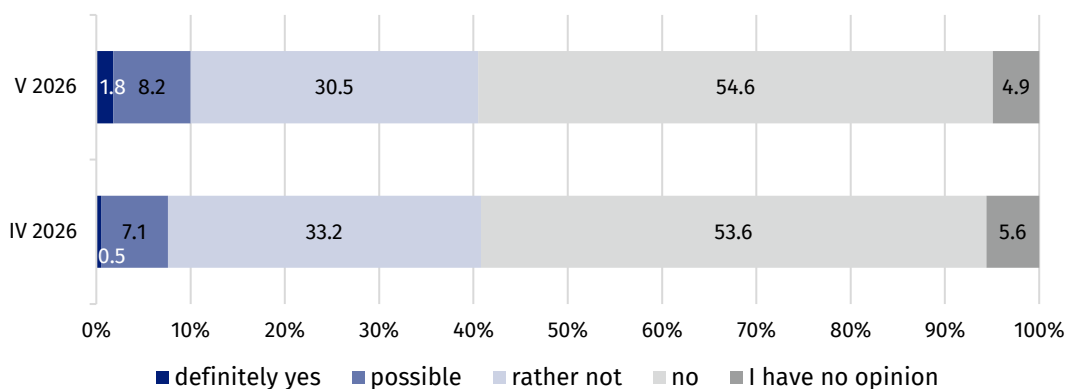
Fear of losing a job or stopping running your own business due to the current situation on the territory of Ukraine

Among the employed^b 1.8% of respondents have a definite fear of losing their job or stopping their own business. For the "possible" and "rather not" options, the response rate was 8.2% and 30.5%, respectively. The percentage of working people who do not have any concerns is 54.6%. A small number of working respondents (4.9%) had no opinion.

Among the employed, 54.6% of respondents do not feel any fear of losing their job or ceasing to run their own business

^b 61.9% of respondents.

Chart 2. Fear of losing your job or stopping your own business due to the current situation on the territory of Ukraine - structure of responses for employees (%)

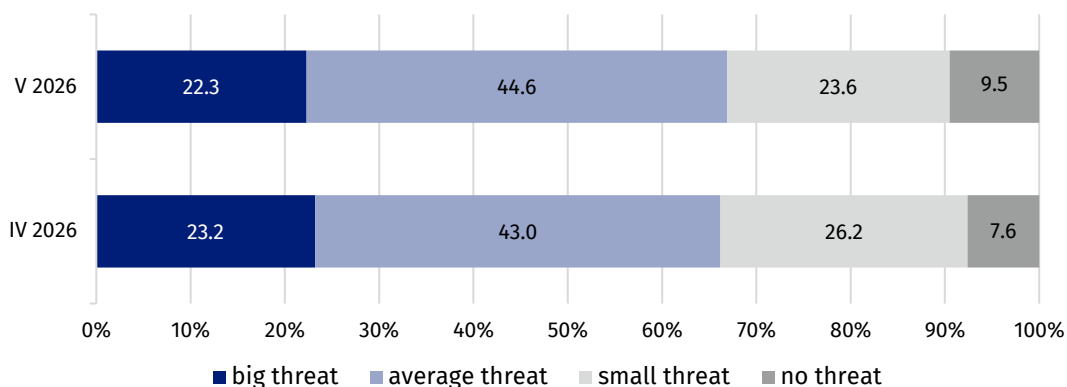


What threat is the current situation on the territory of Ukraine for the economy in Poland

According to 22.3% of respondents, the current situation on the territory of Ukraine is a big threat for the economy in Poland. The average threat to the economy is felt by 44.6% of respondents. Only 23.6% declare a small threat, while 9.5% of respondents declare no threat.

For 68.2% of respondents, the current situation on the territory of Ukraine is a small or average threat for the economy in Poland

Chart 3. What is the threat of the current situation on the territory of Ukraine for the economy in Poland - response structure (%)

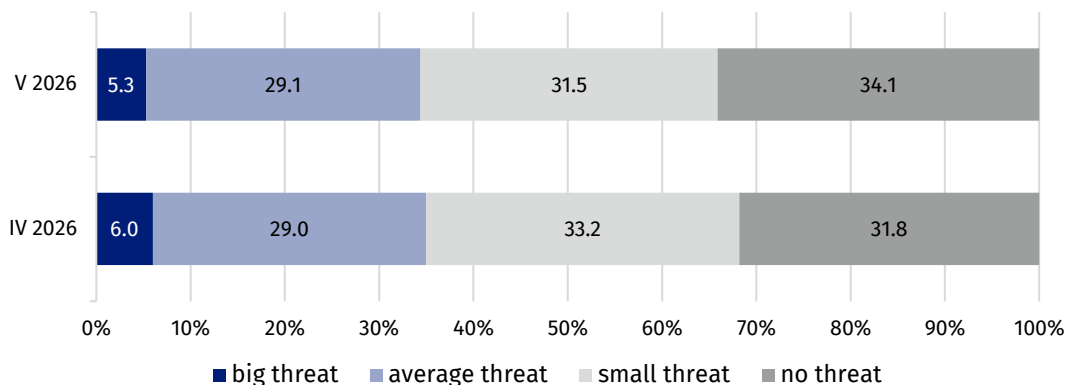


What threat is the current situation on the territory of Ukraine for personal financial situation

For 5.3% of respondents, the current situation on the territory of Ukraine is a big threat for their personal financial situation. The average threat is felt by 29.1% of those who answered the questions about the consumer tendency. A small threat is declared by 31.5%, while no threat was stated by 34.1% of respondents.

For 60.6% of respondents, the current situation on the territory of Ukraine is a small or average threat for their personal financial situation

Chart 4. What is the threat of the current situation on the territory of Ukraine for your personal financial situation - structure of responses (%)



What threat is the current situation on the territory of Ukraine for the sovereignty and independence of Poland

For 24.4% of respondents, the current situation on the territory of Ukraine is a big threat for the sovereignty and independence of Poland. The average threat is felt by 39.1% of those who answered the questions about the consumer tendency. 24.4% declare a small threat, while 12.1% of respondents declare no threat.

For 63.5% of respondents, the current situation on the territory of Ukraine is an average or small threat for the sovereignty and independence of Poland

Chart 5. What is the threat of the current situation on the territory of Ukraine for the sovereignty and independence of Poland - response structure (%)

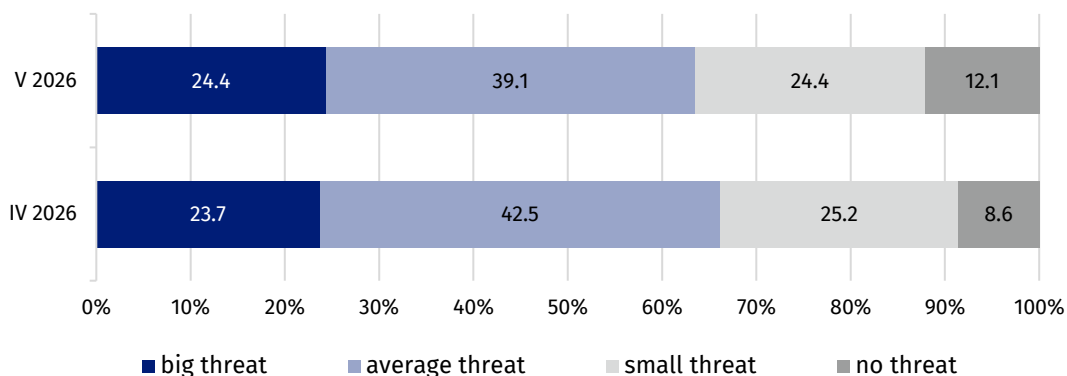


Table 1. Additional questions (response rates) - the current situation on the territory of Ukraine

SPECIFICATION		March 2026	April 2026	May 2026
What impact did the current situation on the territory of Ukraine have on your responses?	significant	12.5	10.1	13.7
	moderate	40.7	44.6	39.3
	none	46.8	45.3	47.0
In connection with the current situation on the territory of Ukraine, are you afraid of losing your job or stopping your own business?	definitely yes	0.8	0.3	1.1
	possible	4.8	4.3	5.1
	rather not	19.4	19.7	18.9
	no	32.7	31.8	33.8
	I have no opinion	3.9	3.3	3.0
	not applicable (for non-working people)	38.4	40.6	38.1
What threat do you think is the current situation on the territory of Ukraine for the economy in Poland?	big threat	24.8	23.2	22.3
	average threat	42.2	43.0	44.6
	small threat	25.6	26.2	23.6
	no threat	7.4	7.6	9.5
What threat do you think is the current situation on the territory of Ukraine for your personal financial situation?	big threat	6.1	6.0	5.3
	average threat	27.5	29.0	29.1
	small threat	35.3	33.2	31.5
	no threat	31.1	31.8	34.1
What threat do you think is the current situation on the territory of Ukraine for the sovereignty and independence of Poland?	big threat	26.7	23.7	24.4
	average threat	41.7	42.5	39.1
	small threat	22.8	25.2	24.4
	no threat	8.8	8.6	12.1

In case of quoting Statistics Poland data, please provide information: "Source of data: Statistics Poland", and in case of publishing calculations made on data published by Statistics Poland, please include the following disclaimer: "Own study based on figures from Statistics Poland".

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