

Foreigners performing work in Poland in March 2026

8.09.2026

1.2 million

number of foreigners performing work in Poland as at 31 March 2026

On the last day of March 2026, there were 1 152.7 thousand foreigners performing work in Poland, i.e. 8.0% (85.7 thousand) more than at the end of March 2025. Compared with 28 February 2026, their number increased by 1.8% (20.2 thousand).

Foreigners performing work in Poland by sex

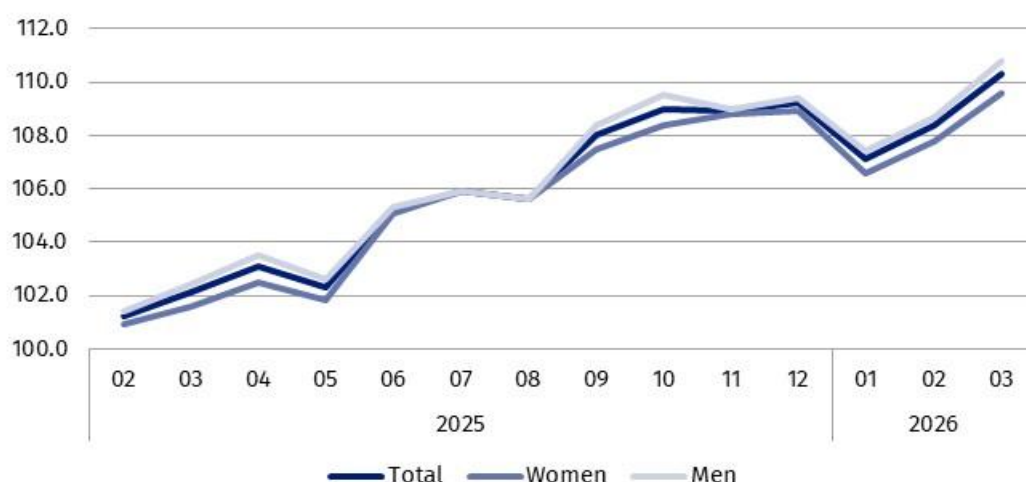
As at 31 March 2026, among foreigners performing work in Poland, men constituted the majority. Their share was 59.9% – the same as at the end of March 2025 and at the end of February 2026.

Compared with the end of March 2025, the number of women increased by 7.8% and the number of men – by 8.2%. Compared with 28 February 2026, the number of women increased by 1.6% and the number of men increased by 1.9%.

At the end of March 2026 women accounted for 40.1% of the population of foreigners performing work in Poland

Chart 1. Indices of the number of foreigners performing work in Poland

01.2025 = 100



Foreigners working under contracts of mandate and related contracts

As at the end of March 2026, among foreigners performing work 38.0% (437.7 thousand) worked only under contracts of mandate and related contracts. Compared with 31 March 2025, there was an increase of 8.0% in the number of foreigners working under contracts of mandate and related contracts and compared with 28 February 2026 – an increase of 2.0%.

Citizenship of foreigners performing work in Poland

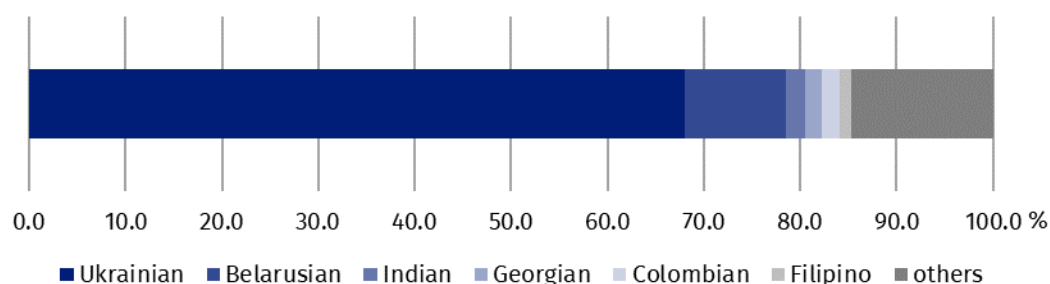
Ukrainian citizens were the most numerous group of foreigners performing work in Poland. As at 31 March 2026, there were 783.9 thousand of them, i.e. 9.6% (68.9 thousand) more than at the end of March 2025 and 1.9% (14.6 thousand) more than at the end of February 2026.

Foreigners performing work in Poland at the end of March 2026 came from over 150 countries

As at 31 March 2026, Ukrainian citizens accounted for 68.0% of the total number of foreigners performing work in Poland. Their share increased by 1.0 pp compared with 31 March 2025 and by 0.1 pp compared with 28 February 2026.

Chart 2. Structure of foreigners performing work in Poland by citizenship in March 2026

As at the end of the month



Starting with the data for June 2026, the news release will be published four times a year, presenting information for the months ending each quarter, i.e. March, June, September and December.

In tables attached to this news release the additional data were presented, inter alia on PKD 2025/NACE Rev. 2.1 sections and the place of residence of foreigners performing work in Poland.

During the transitional period related to the reclassification of national economy entities from PKD 2007/NACE Rev. 2 to PKD 2025/NACE Rev. 2.1 (which lasts until 31 December 2026), the data on foreigners performing work in Poland are presented using, amongst other things, the correspondence tables between NACE Rev. 2 and NACE Rev. 2.1 – available on the Eurostat website: <https://ec.europa.eu/eurostat/web/nace/correspondence-tables>.

Methodological notes

The data refer to 'persons performing work', i.e. employed persons in the national economy and persons working under contracts of mandate and contracts of a related nature.

According to the definition in force in the official statistics system, persons working under civil law contracts are not included in the population of employed persons in the national economy.

Contracts of mandate are counted together with contracts of a related nature to which the provisions of the Civil Code apply and which involve the obligation to be covered by social or health insurance with the Social Insurance Institution (ZUS) (i.e. agency agreements, service contracts, nanny agreements, appointment letters, contracts with members of supervisory boards and managerial contracts having the nature of a contract of mandate). Persons classified as employed who at the same time work under contracts of mandate and related contracts are counted only once and included in the group of employed persons.

The analysed population does not include:

- persons working under contracts to perform a specified task and harvest assistance contracts (farmer's helpers);
- persons working under contracts of mandate and related contracts who made such a contract with their own employer or another entity, but on behalf of their own employer;
- post-primary schools students and students under the age of 26.

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Related information

[Foreigners performing work in Poland in March 2025](#)

[Foreigners performing work in Poland in February 2026](#)

[Methodological report. Employment in the national economy](#)

Terms used in official statistics

[Employed persons in the national economy](#)